

INTACH

TRIPURA

*Murmurs of legends and paths.*

TRIPURA TIMES



# HOW TRIPURA GOT ITS NAME



## THE ORIGINS

**Tripura's name derives from two mythological stories:**

***Siva Purana:*** Tripur, a strong monarch, was a devoted follower of Shiva. Other gods, feeling neglected, duped him into believing false scriptures, ruining both him and his kingdom. Shiva demolished the corrupted Tripur, and the area became known as Tripura.

***Rajmala (Royal Chronicle):*** Tripur, a tyrant king, ruled and outlawed Shiva worship. The villagers pleaded for help, and Shiva intervened by slaying Tripur. A noble monarch replaced him, and the region was named Tripura after the first king.



# HISTORY



**Tripura, a state in northeast India, has a rich and colourful history.**

**It was first dominated by indigenous tribes and kingdoms before falling under the Manikya dynasty's long reign beginning in the 14th century. The Manikya monarchs had a profound influence on the region's culture and civilization.**

**Tripura came under British authority in the 19th century after signing a treaty with the British East India Company, and it remained a princely state until India attained independence in 1947.**

**Tripura had hurdles following independence, including ethnic conflicts and insurgencies, which resulted in periods of turmoil. Despite these hurdles, the state has made progress in development, however issues such as ethnic conflict and economic inequities remain.**



# TRIPURA'S FOLK DANCE FIESTA: CAN YOU FIND THEM ALL?

**Unleash your inner dance critic!**

**Test your knowledge of Tripura's vibrant folk dances in this word finder puzzle. Spot hidden dance names like the graceful Mayur Leia (peacock dance) or the energetic Hojagiri (hunting dance).**

**So come on, put on your thinking cap and get ready to move to the rhythm of Tripura's folklore!**

## INSTRUCTIONS:

Find the hidden words related to Tripura folk dances listed above. Words can be horizontal, vertical, diagonal, forwards, or backwards. Circle or mark the found words in the grid.

### Bonus Challenge:

After finding all the words, try to create your own words related to Tripura's culture or traditions using the remaining letters in the grid.

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| H | O | R | O | I | A | R | E |
| L | E | A | N | G | A | I | N |
| E | M | A | Y | U | R | L | E |
| I | A | R | K | H | E | R | I |
| A | S | H | O | J | A | I | D |
| G | O | R | I | A | T | S | O |
| O | K | A | I | L | A | N | G |
| R | A | S | L | E | E | L | A |

## HIDDEN WORDS (TRIPURA FOLK DANCES):

|                 |                |                   |
|-----------------|----------------|-------------------|
| <b>Garia</b>    | <b>Kheria</b>  | <b>Mayur Leia</b> |
| <b>Hojagiri</b> | <b>Langai</b>  | <b>Rasleela</b>   |
| <b>Horo</b>     | <b>Leangai</b> | <b>Kai</b>        |



## FACTOFILE: HOJAGIRI DANCE

#1

The Reang people of Tripura perform a folk dance known as Hojagiri. Tripura has 21 scheduled tribes, one of which being Reang or Riang. The correct title for this ethnic group is Bru, however the word Reang was accidentally inserted by the Indian government during the census count.

#2

Women and young girls, in groups of four to six, perform the dance while singing, balancing on an earthen pitcher, and manipulating various props, like an earthen lamp in one hand and a bottle on the head, only moving the bottom half of their bodies. Its charming melodies, enhanced by the khamb, cymbals, and bamboo flute, are what make it appealing.

#3

The dance is done during the Hojagiri festivals or Laxmi Puja, which takes place on the full moon night after Durga Puja. On this day, people worship the goddess Mailuma (Laxmi).

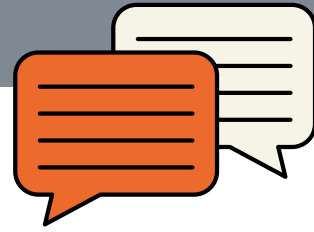
#4

The male members sing the lyrics and play the Kham and Sumui (kshumu). The lyrics are quite simple. The dance requires a BAILING, a broad circular rice cleaning product made of cane, a pitcher or kalash, a bottle, a house hold traditional lamp, a plain plate, and a handkerchief for each dancer.

#5

Slow hip and waist manoeuvring requires substantial training and rehearsal. It takes approximately 30 minutes to complete the sequence. This dance demonstrates the entire Huk or Jhum cultivation process.

# ACTIVITY #2



## LANGUAGE LESSON

### Speak Like a Tripuri: Essential Phrases in Kokborok.

IMPRESS YOUR FRIENDS WITH THESE BASIC KOKBOROK WORDS, TRIPURA'S NATIVE LANGUAGE.

TO LEARN THE LANGUAGE OF THE HILLS, PRACTICE PRONUNCIATION AND MEANING.

#### KOKBOROK

- 1)Phung kaham-
- 2)Sairik kaham-
- 3)Sanja kaham-
- 4)Hor kaham-
- 5)Achukdi-
- 6)Nini mung tamo?
- 7)Ani mung...
- 8)Kahamde-
- 9)Nwng kaham datong?
- 10)Tata

#### ENGLISH

- Good Morning  
 Good Afternoon  
 Good evening  
 Good night  
 Sit down  
 What is your name?  
 My name is...  
 How are you?  
 Are You Fine?  
 Bye

THIS JUST IN

NEWS UPDATE

Tripura: The legend of Unakoti, one of India's most mysterious religious sites

TIMESOFINDIA.COM / TRAVEL TRENDS, TRIPURA / Created: Mar 26, 2024, 2:12 IST

YOU'RE READING

- Tripura: The legend of Unakoti, one of India's most...
- Meghalaya's Dawki is a nature's masterpiece...
- Tamil Nadu: Theppakadu Elephant Camp in Mudumalai...
- 5 interesting facts about Vindhyavan's Shiv Mandir

**Synopsis**  
Legend has it that Unakoti, which translates to one less than a crore, is home to countless sculptures and carvings, although the exact number remains a subject of debate. According to local folklore, these majestic rock-cut figures were carved out by the legendary sculptor Kalu Kumhar, who, in a bid to accompany Lord Shiva to Kashi, failed to complete his task of crafting one crore (ten million) sculptures before dawn. [Read Less](#)



POPULAR GALLERIES



What are living museums: where to find them?

Bali calling! 6 must visit places that will capture your heart

8 cities that are

**Tripura's hidden treasure: Reawakening a lost Buddhist legacy**

ANI | Posted by Parmita Uniyal, Agartala (tripura)

Apr 23, 2023 01:15 PM IST

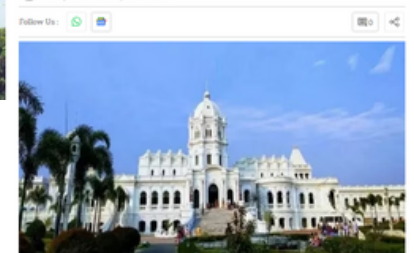
The story of Tripura's Buddhist past is a tale of cultural triumph, decline, and modern efforts to revive its legacy.



**Tripura museum and cultural centre to get facelift worth Rs 6.38 crore**

Around 30 per cent of retrofitting work on the heritage building has so far been completed while the remaining part is expected to be completed by next year.

PTI | Last Updated: 21 January 2024, 17:21 IST



The Mahatma Birsa Kibireo Muzeyo and Centre. Credit: Sanjivani (@sanjivani)

Agartala: The Tripura government has sanctioned Rs 6.38 crore to expedite retrofitting works on century-old Mahatma Birsa Kibireo Muzeyo and Cultural Centre, an official said on Sunday.

**Pilak, a 1000-year-old Tripura archaeological site, 2 others part of historical tourism circuit beckon tourists**

PTI | Posted by Zarafshan Shiraz, Agartala

Jul 16, 2023 02:36 PM IST

Nestled in Jolaibari, Pilak formed part of a chain of Hindu-Buddhist sites on tri-junction of East Bengal (now Bangladesh), Tripura and Arakkan (Myanmar) region



The century-old iconic Pushpabanta Palace, built by an erstwhile Maharaja of Tripura, is being developed as a national-level museum and cultural centre. Can you find out more information about it and share it with us?

---



---



---



---



---

# CAKES AND BAKES

#RECIPE CORNER

Tripuri people enjoy having cakes. No celebration is complete without cakes, whether religious, ceremonial, or gathering. Tripuri cake's major component is Guria rice. There are various types of Guria rice, but the jhum variety is the most popular since it has a pleasant scent and is delicious. In addition to guria, the cakes are made with the Mimi rice variety. Some cakes are made entirely with Guria rice, while others are combined with other types of rice. Some cakes contain whole rice, while others are manufactured with rice flour. Some recipes include sugar, while others do not. Some are prepared with sugar, some are without sugar. That is why it is even healthy and not restricted to diabetic patients and to hypertensive heart disease patients; no oil is used in most of the preparations. Some of the preparations are viz. Bangwi, Songkran, Awanbati, Pengmani, Songmani, Beleb etc.



## INGREDIENTS:

1. Mami rice: 2 kg.
2. Lairu leaves: 25 pc.
3. Ginger: 150gms
4. Cashew nuts: 200 gms
5. Ghee or butter oil: 200 gms
6. Resins : 100gms.



## AWAN BANGWI

It is a unique type of cake made exclusively by Tripuri. This cake is made with a rare sort of leaf called LAIRU. Besides, banana leaves can be used. Nowadays, thick aluminium foil has also been effectively adopted. Many varieties of bangwi are prepared, including plain bangwi, which is made solely with guria rice, onion, and ginger. Cashew nut-Resin bangwi, which contains nuts, resin, and ghee; pig Bangwi, which has small bits of pig and fat; and so on, with various combinations available to the consumer.



## PREPARATION:

1. Soak the Mami rice for 4-5 hours.
2. Peel off the ginger, chop it finely.
3. Separate each half of cashew nuts in two.
4. Soak the resins for 1-2 hours.
5. Wash and clean the lairu leaves, and soak the canes in water.

FIND THE TUTORIAL FOR THE ENTIRE RECIPE BY SCANNING THE QR CODE



# MAKE YOUR OWN TRADITIONAL BAMBOO BASKET

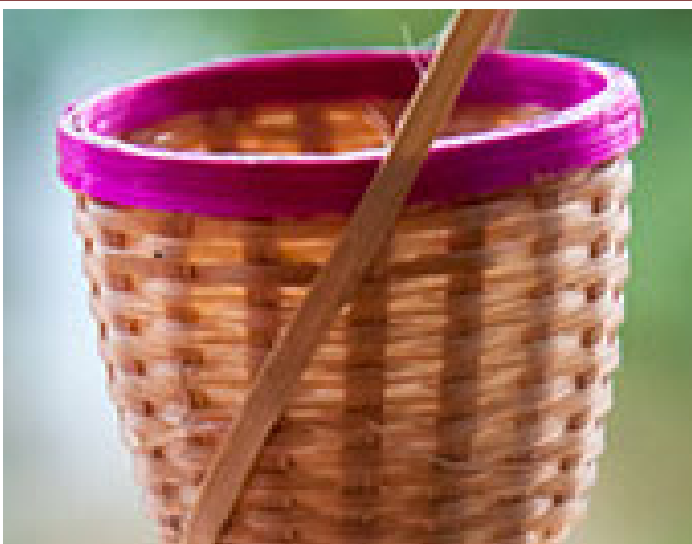
Have you ever been amazed by the intricate beauty and astonishing strength of a traditional bamboo basket? So get ready to turn those bamboo stalks into practical works of art yourself!



Scan me!



Baskets belong to the most prominent Tripura bamboo handicrafts. The famed open-weave and closed-weave baskets are manufactured using a particular chain technique that gives them a distinct texture and strength. These bamboo baskets can be used to store many household items, including toiletries and jewellery.





## References:

- 1) <https://dsorce.in/resource/traditional-bamboo-basket-agartala-tripura>
- 2) <https://qrfy.com/app/my-qr-codes>
- 3) <https://www.adivasilivesmatter.com/post/these-bamboo-baskets-woven-and-used-by-tripura-s-tribals-are-great-alternatives-to-plastic>
- 4) <http://www.tripura.org.in/games.htm>
- 5) <https://tripura.gov.in/folk-dances>